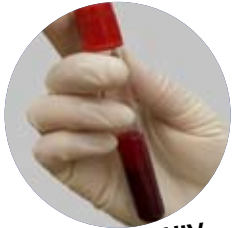




# NSW Services & Websites

Women and HIV: A series of factsheets for women about HIV



Testing for HIV

## Finding services

There are many free services you can contact for support. Call the numbers on this sheet, or follow the links. All services are confidential. See a full list of services in NSW at:

[www.positivelife.org.au/contacts](http://www.positivelife.org.au/contacts)



Recently Diagnosed

Many medical services are free of charge if you have a Medicare card. This is called "bulk billing". If you do not have a Medicare card, call your nearest Sexual Health Service to find out what help you can get.

## Health Care Interpreters

Medical information can be hard to understand if English is not your first language. Interpreters can help with this. When you make an appointment, say that you will need an interpreter.



Treatments: The basics

## Your rights

You have the right to:

- Receive high quality and respectful health care regardless of your sexuality, cultural background or religion
- Choose a doctor you feel comfortable with
- Ask any questions you may have
- Make your own decisions about your health and your life.



Looking after yourself



Pregnancy and me

If you need an interpreter to talk to these services, call the Translating and Interpreting Service (TIS)

Ph: 131 450

## FREE SUPPORT SERVICES

**The Heterosexual HIV/AIDS Service (Pozhet):** Support, information, referrals and events for HIV positive heterosexuals.

Freecall 1800 812 404

[www.pozhet.org.au](http://www.pozhet.org.au)

**ACON Women & Families Affected by HIV Project:** Social events, peer support, women's days, information and massage.  
Ph: (02) 9699 8756  
[www.acon.org.au/hiv/women-and-families/Peer-Support](http://www.acon.org.au/hiv/women-and-families/Peer-Support)

**Multicultural HIV/AIDS and Hepatitis C Service:** Support for HIV positive people from different cultures. Information in other languages.

Ph: (02) 9515 5030

or toll free (NSW Country)

Freecall 1800 108 098

[www.multiculturalhivhepc.net.au](http://www.multiculturalhivhepc.net.au)

**Paediatric HIV Service at the Sydney Children's Hospital:** Medical services and support for HIV positive pregnant women and HIV positive children.

Ph: (02) 9382 1851



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## **Positive Central:**

Social workers, occupational therapists, physiotherapists and nutritionists for HIV positive people living in Sydney Inner West.

Ph: (02) 9395 0444

**The Sanctuary:** Support groups, massage, complementary therapies, social events and health education for HIV positive people living in Sydney Inner West.

Ph: (02) 9519 6142

**HIV Community Team:** Social workers, dietitians, mental health nurses and referrals for HIV positive people living in South East Sydney.

Ph: (02) 8305 3800

## **The Haven - Western Sydney:**

Low cost groceries, social support, massage, internet access and daily lunch.

Ph: (02) 9672 3600

## **Karumah - Positive Living**

**Centre - Newcastle:** Massage, complementary therapies, internet access, referrals, workshops, outings and counselling.

Ph: (02) 4940 8393

[www.karumah.com.au](http://www.karumah.com.au)

## **Positive Support Network**

**(PSN) - Gosford:** Referrals, peer support and natural therapies.

Ph: (02) 4323 2905

## **Bobby Goldsmith Foundation**

**(BGF):** Practical, emotional and financial support.

Ph: (02) 9283 8666

or freecall 1800 651 011

[www.bgf.org.au](http://www.bgf.org.au)

## **HIV/AIDS Legal Centre Inc (HALC):**

HIV related legal matters including immigration.

Ph: (02) 9206 2060

or freecall 1800 063 060

[www.halc.org.au](http://www.halc.org.au)

## **Women Partners of Bisexual Men**

**Service NSW:** Counselling, support and information.

Ph: (02) 9560 3011

[www.lwchc.org.au/womenpartners](http://www.lwchc.org.au/womenpartners)

## **Sex Workers Outreach Project**

**(SWOP):** Information, education and counselling for sex industry workers.

Ph: (02) 9319 4866

[www.swop.org.au](http://www.swop.org.au)

## **Scarlet Alliance (Australian Sex**

**Workers Association):** Education, research and advocacy

Ph: (02) 9326 9455

[www.scarletalliance.org.au](http://www.scarletalliance.org.au)

## **Needle and Syringe Programs**

**(NSP).** For your nearest location call:

## **Alcohol and Drug Information Service**

Ph: (02) 9361 8000

or freecall 1800 422 599

(for callers outside Sydney)

[www.adin.com.au](http://www.adin.com.au)



# NSW Services & Websites

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**NSW Users and AIDS Association (NUAA):** Peer education, support, information and advocacy to users of illicit drugs.

Freecall 1800 644 413  
[www.nuaa.org.au](http://www.nuaa.org.au)

## The Gender Centre

Education, support and referral for people with gender issues.

Ph: (02) 9569 2366  
[www.gendercentre.org.au](http://www.gendercentre.org.au)

## FREE MEDICAL SERVICES

**The Albion Street Centre:** HIV and hepatitis C medicine, counselling, nutrition and education.

Ph: (02) 9332 9600  
[www.sesiahs.health.nsw.gov.au/albionstcentre](http://www.sesiahs.health.nsw.gov.au/albionstcentre)

**Sexual Health Services:** HIV treatments and counselling, STI testing. For your nearest location call the Sexual Health Infoline.

Freecall 1800 451 624  
or check: [www.health.nsw.gov.au/PublicHealth/sexualhealth/sexual\\_phus.asp](http://www.health.nsw.gov.au/PublicHealth/sexualhealth/sexual_phus.asp)

**PEP (Post Exposure Prophylaxis):** is a treatment that may prevent HIV transmission to your sexual partner if the condom breaks. To find out more call the 24hrs PEP Hotline (NSW).

Freecall 1800 737 669  
(1800 PEP NOW)

## For your nearest HIV specialist call:

**HIV Information Line**  
Ph: (02) 9332 9700  
or freecall 1800 451 600

**Family Planning NSW Healthline**  
Ph: 1300 658 886

You can also check:

[www.ashm.org.au/images/prescriber/ashmprescribers.pdf](http://www.ashm.org.au/images/prescriber/ashmprescribers.pdf)

## Women's Services in other States

**Positive Women Victoria**  
Ph: (03) 9076 6918  
[www.positivewomen.org.au](http://www.positivewomen.org.au)

**HIV Women's Project, Women's Health Statewide, South Australia**  
Ph: (08) 8239 9600  
[www.whs.sa.gov.au/project\\_hiv.php](http://www.whs.sa.gov.au/project_hiv.php)

## Other Australian Organisations

**National Association of People Living with HIV/AIDS**  
[www.napwa.org.au](http://www.napwa.org.au)  
**Australian Federation of AIDS Organisations**  
[www.afao.org.au](http://www.afao.org.au)  
**Positive Life NSW**  
[www.positivelife.org.au/factsheets](http://www.positivelife.org.au/factsheets)

## International Websites

[www.positivewomen.co.nz](http://www.positivewomen.co.nz)  
[www.tht.org.uk](http://www.tht.org.uk)  
[www.thebody.com](http://www.thebody.com)  
[www.thewellproject.org](http://www.thewellproject.org)  
[www.icw.org](http://www.icw.org)